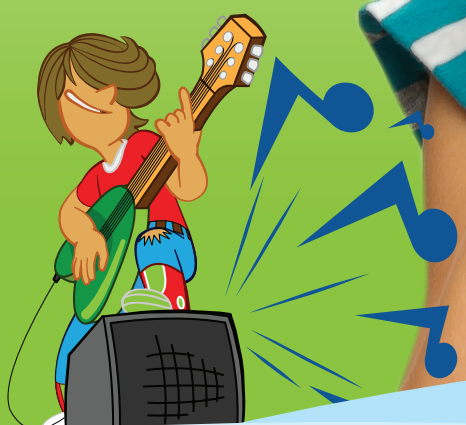


Sounds Are All Around



PROTECT YOUR HEARING!

Why Protect Your Hearing?

Noise-induced hearing loss:

- » Can build over time.
- » Is permanent.
- » Is preventable.



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<https://www.noisyplanet.nidcd.nih.gov>

Toll-free voice: (800) 241-1044

How to Protect Your Hearing:

- » Lower the volume.
- » Move away from the noise.
- » Wear hearing protectors, such as earplugs or earmuffs.



National Institute on
Deafness and Other
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